

MINUTES OF THE SENIORS CORE ACTION GROUP MEETING

HELD WEDNESDAY, JANUARY 14th, 2009 AT 2:00 – 4:00 P.M.

AT CENTRAL WEST LOCAL HEALTH INTEGRATION NETWORK
8 NELSON STREET WEST, SUITE 300, BRAMPTON, ONTARIO

PRESENT:

Gord Gunning	CANES
Carolyn Clubine	Region of Peel
Lisa Mudie	Richview Residence Supportive
Housing	
Dilys Haughton	Central West CCAC
Barbara Pidcock	Health Systems Solutions
Laurie Turza	Alzheimer Society of Dufferin County
Mary Wheelwright	Headwaters Health Care Centre
Valerie Pimentel	William Osler Health Centre
Carol Kidd	Caledon Meals on Wheels
Valerie Quarrie	Dufferin County Community Support
Services	
Althea Martin-Risden	Rexdale CHC
John Kalverda	Holland Christian Homes

STAFF:

Nazira Jaffer	Central West LHIN
Ali Addo	Central West LHIN
Neil McIntosh	Central West LHIN

ITEM # 1 – WELCOME

Gord Gunning called the meeting to order and welcomed members. Round table introductions followed.

There was an amendment to the meeting agenda to include a presentation by Nazira Jaffer on Aging at Home Initiatives 2009/10.

ITEM # 2 – CONFIRMATION OF PREVIOUS MINUTES

Previous minutes from the meeting held November 12th, 2008 were confirmed as a true record of the proceedings.

ITEM # 3 – UPDATE ON AGING AT HOME YEAR 2

Nazira Jaffer presented Aging at Home Initiatives 2009/10. Highlights are as follows:

- Aging at Home Year One initiatives have been implemented and are now operational.
- Services for Seniors Core Action Group has been instrumental in supporting the LHIN with the following:
 - Reviewed lessons learned from Year One process
 - Reviewed initiatives funded by LHINs across the province
 - Determined gaps once Year One initiatives were operational
 - Reviewed Decision Framework Tool
 - Identified the impact of various possible Aging at Home initiatives on ALC issues
 - Determined targeted service areas for Year Two investments
- There has been a change in context for Year Two. Aging at Home strategy is a component of ER/ALC strategy.
- Health Service Providers (HSPs) have been updated by the LHIN about the emphasis of focusing Aging at Home Year Two investments to address ER/ALC issues.
- Central West LHIN utilized the Decision Framework tool to develop an improved Year Two business case template.
- Invitation to submit collaborative proposals for Year Two was sent out to HSPs and other local providers.
- Central West LHIN received, and reviewed 24 proposals which were categorized into Direct/ Immediate, Diversion and Preventive programs.
- Year Two proposals were unbundled and many of the initiatives fell under preventive programs.
- Central West LHIN will continue to work with HSPs and Services for Seniors Core Action Group to meet Direct/Immediate commitment.
- Year Two funding is approximately \$3.7 million with 50 per cent going to Direct/Immediate, 35 per cent to Diversion, and 15 per cent to Preventive projects.
- Proposed Year Two projects being considered:
 - **Direct/ Immediate (at 50% of total Year 2 funding) - \$1.94M**
 - Caledon Community Services – Transitional Short-Stay Beds
 - Lord Dufferin Centre – Bridging You Home Program
 - Richview Residence – Short Stay/ Respite Services
 - Specialized Regional Geriatric Services
 - **Diversion (at 35% of total Year 2 funding) - \$1.5M**
 - Alzheimer Society of Dufferin County – Seniors Mental Health Case Management
 - Caledon Community Services – Supportive Living (year one)

- CANES Community Care – Respite Services
- Peel Cheshire Homes – Behavioural Management
- Supportive Housing in Peel – Integrated Service Teams
- William Osler Health Centre – Outreach Transition Team
- **Preventive (at 15% of total Year 2 funding) - \$256, 364**
 - CANES Community Care – Somali Seniors Adult Day Program
 - Dufferin Oaks – Bathing Program
 - Dufferin Oaks – PSW Escort – Transportation
 - Region of Peel – Adult Day Program – Davis Centre
 - Region of Peel – Adult Day Program – Peel Manor
- Central West LHIN will submit an Overarching Plan for 2009/10 to MOHLTC outlining plans to reduce ER/ALC using Aging at Home and other initiatives.
- The Overarching Plan submission includes the following:
 - Emergency Department Action Plan (EDAP)
 - Urgent Priorities Fund (Core and ALC)
 - Aging at Home
 - CCAC Service Maximums
 - ED Pay for Results (ALC component)
 - Other Initiatives (i.e. internal reallocations, new LTC beds)
- The LHIN will engage in discussion with MOHLTC regarding Overarching Plan January 16th, 2009.
- Aging at Home Detailed Plan is due January 31st, 2009 and the evaluation process for Year One projects will begin.

After the presentation, a discussion ensued as follows:

- Discussion around the evaluation process for Aging at Home year one initiatives. Nazira mentioned that an evaluation committee under the chairmanship of Monty Laskin is in the works. Neil McIntosh to provide the details.
- Neil explained that the committee will use the evaluation framework tool that the LHIN developed to examine Aging at Home initiatives.
- Nazira mentioned the second evaluation piece that Jennifer Gibson and Craig Mitton are conducting with Health Service Providers. She added that Jennifer and Craig will contact providers to complete individual surveys and then they will provide a qualitative review of the findings.
- Members suggested the importance of highlighting challenges in implementing Year One programs. Success stories to be shared – What worked? What didn't work?

ITEM #4 – SPECIALIZED REGIONAL GERIATRIC SERVICES – BARBARA PIDCOCK

Barbara Pidcock presented the Specialized Regional Geriatric Services program. Highlights from her presentation are as follows:

- Discussion with clients identified gaps in services exist for seniors within Central West LHIN. With that said, Specialized Regional Geriatric Services (SRGS) proposal has been put together.
- SRGS proposal has direct/immediate impact on ALC numbers. The proposal also has components that are diversion.
- SRGS' are a range of hospital based services, which diagnose, treat and rehabilitate frail seniors with complex and multiple medical, functional and psychosocial problems.
- SRGS will provide a seamless continuum of care to treat illness and allow frail seniors to live independently in the community or in long-term care facility having access to community support services.
- The SRGS program has the following components:
 - **Two GEM Nurses** – one in Brampton Civic and one in Etobicoke General.
 - **System Navigation** includes – hospital based SRGS Coordinator, 3 ALC Nurses in Brampton Civic, Headwaters and Etobicoke General hospitals.
 - **Two Transitional Care Teams** – one located at the hospital and one in the community. Funding for two teams includes 2 Geriatric Nurses, 2 psycho-geriatric nurses, 2 social workers, 1 physiotherapist/occupational therapist, and pharmacist.
- SRGS GEM Nurses will provide assessment, diagnosis, identification of “at risk” elderly admitted to the Emergency Department.
- The SRGS Coordinator is responsible for leading, developing, and implementing the SRGS program.
- The SRGS System Navigator will locate ALC patients in the hospital and provide assessment, identify “at risk” elderly clients initiating appropriate treatment and networking with community and primary care to ensure smooth transition into the community.

After the presentation, a discussion ensued as follows:

- Nazira added that using an interdisciplinary model is important to the development of the SRGS program.
- Discussion around integrating services like the CCAC Case Managers and SRGS System Navigators to facilitate treatment for elderly clients.

ITEM #5 – Balance of Care Presentation by Dilys Haughton

Dilys Haughton presented Central West CCAC Balance of Care Project. Highlights from her presentation are as follows:

- Home and community care play an important role in maintaining the health and well-being of individuals and families, while moderating demand for emergency, hospital and long-term care beds.
- Providing appropriate home and community care that is targeted, case managed, and integrated into a broader continuum can avert clients from using Long-Term Care.
- Long-Term Care wait list indicate that the average wait time for a LTC bed in the Central West region is approximately 725 days.
- About 1 per cent of the senior population in the Central West region are on waiting list for LTC placement.
- Central West Vignettes indicate what home and community care package is available to clients.
- Diversity is of particular interest to Central West region. It is important to understand the needs of established and emerging ethno-cultural communities.
- Balance of Care Steering Committee will represent continuum of care in the Central West region, provide advice, raise questions and help interpret results.
- Balance of Care Expert Panel comprises experienced case managers from across the care continuum in the Central West.

After the presentation, a discussion ensued as follows:

- Discussion around emerging diversity issues and addressing the needs of immigrant communities.
- Suggestion that providing culturally appropriate care is key in addressing those concerns.

ITEM #6 – Roundtable Update on Year One Aging at Home Initiatives

Health Service Providers gave updates on Year One Aging at Home Initiatives. Some updates are as follows:

- Lisa Mudie provided update on the Congregate Dining program at Richview Residence. She mentioned that the program has been implemented and has been successful thus far. She added the program met its target and has a wait list.
- Valerie Quarrie provided update on the Congregate Dining program at Dufferin County Community Support Services. She mentioned that the program received positive feedback.

- Gord Gunning spoke about the Home at Last program offered at CANES Community Care. Gord mentioned some challenges regarding funding for more employees and issues around risk management.
- Carolyn Clubine from the Region of Peel mentioned that the Adult Day Program at Peel Manor and Davis Centre had challenges with Human Resources.
- Nazira mentioned the upcoming Aging at Home Validation Sessions. These sessions will be held at the following locations:
 - Mel Lloyd Centre in Shelburne – January 29, 2009 from 9:00 a.m. – 11:00 a.m.
 - Highway Terraces in Etobicoke – February 3, 2009 from 12:30 p.m. – 2:30 p.m.
 - Flower City Seniors Centre in Brampton – February 3, 2009 from 7:00 p.m. – 9:00 p.m.

ITEM #7 – NEXT MEETING

The next meeting will be held on March 11, 2009.

There being no further business, the meeting was adjourned at 4:00 p.m.