

# Guidelines for Central West LHIN

Aging @ Home – Year 2

## **Aging At Home Strategy – Year 2**

### **1.0 Introduction**

The Aging At Home Year 1 service initiatives will help address gaps in the services for seniors. Year 2 will concentrate on further enhancements to integrative and innovative community-based services for seniors and focus on addressing Emergency Room wait time and Alternative Level Care (ER/ALC) issues as key components of the service system for seniors.

The Central West LHIN considers health services integration and those initiatives that address the ER/ALC issues as crucial to improving the health system's capacity to meet seniors' needs.

The Central West LHIN, in accordance with its provincial mandate, will promote funding incentives in Year 2 for health service providers that join forces and plan models of integrated services to enhance capacity, improve access, and ensure supports for seniors to live independently in their own communities.

Building on Year 1 consultations, discussions have been held over the past 3 months with providers to review priority service initiatives, both geographically and on a LHIN-wide basis. It has been agreed that the Year 2 submissions will be targeted and that integrative proposals for Year 2 will be submitted to the Central West LHIN as outlined in the guidelines below.

### **2.0 Proposal Call for Year 2 – 2009/2010 Submissions**

The Central West LHIN has identified service priorities and it is expected that some of these proposals will be submitted as a LHIN-wide proposals and others will be submitted specifically by the four geographic clusters, namely Brampton, Caledon, Dufferin, and Etobicoke / Malton / Woodbridge.

Each planning cluster is asked to develop proposals for service priority initiatives. Each geographic cluster will have identified leads to develop detailed business case which will identify the Health Service Provider that will hold the funding and accountability agreement with the Central West LHIN for approved initiatives.

The proposal must demonstrate the ingredients of an integrated service model. It must make strong reference to how the initiative will address ER/ALC issues. It will indicate how the unique requirements of the communities within the planning area are addressed.

The LHIN will be working with specific health service providers and community groups to ensure improved access to programs defined for the aboriginal and francophone residents in the Central West LHIN.

**Priority Service Initiatives for Year 2**

<b>Service/ Priorities</b>	<b>Proposals to be submitted by</b>
<p><b>Outreach Services</b></p> <p>1. PSW escort/companion services to be linked with existing transportation services by geographical areas</p>	<p>All Geographical Clusters</p>
<p>2. Visiting nurse/outreach workers. Target requests to Community Health Centres, Family Health Teams and other service providers as identified in the geographical clusters</p>	<p>All Geographical Clusters</p>
<p>3. Tele-health Monitoring Proposal for the entire Central West LHIN</p>	<p>LHIN-wide by Central West CCAC</p>

<p><b>Supportive Housing Initiatives</b></p> <ol style="list-style-type: none"> <li>1. Supportive Housing + Home Care services. This form of supportive housing programming will develop and deploy teams that support healthy housing principles, including personal care, home-making, home maintenance, social friendly visiting and medication monitoring. This assumes a critical mass of clients in a geographic area / neighbourhood.</li> </ol>	<p>All Geographical Clusters</p>
<ol style="list-style-type: none"> <li>2. Transition Beds – the capacity to move patients that do not need an acute bed into a transitional bed over a short period of time until the appropriate bed has been found.</li> </ol>	<p>All Geographical Clusters</p>
<ol style="list-style-type: none"> <li>3. Short Stay Beds/Respite Beds</li> </ol>	<p>All Geographical Clusters</p>
<p><b>Care Giver Support Initiatives</b></p> <ol style="list-style-type: none"> <li>1. Respite Care – caregiver relief- respite care for short periods of time to allow care giver to attend to personal needs.</li> <li>2. Capacity Building / Education / Care Ambassador / Volunteer Programs – education programs for care givers and volunteers on specific diseases to assist with fulfilling support roles/ programs for caregivers to understand how to meet needs and care for self. Training programs for care givers that are culturally appropriate services.</li> <li>3. Adult Day Care Program – to increase capacity</li> </ol>	<p>All Geographical Clusters</p> <p>Brampton Cluster</p>

<b>Seniors Wellness Services</b>	
<p>1. Falls Prevention Strategy – Review current status and services that are offered across the LHIN by different providers and develop a LHIN-wide strategy for implementation. Areas to be considered are Falls Education programs currently provided all agencies, Falls Assessment, and Falls Clinics based on need.</p>	LHIN-wide Strategy led by Central West CCAC
<p>2. Elder Abuse Strategy – Review current status and services that are offered across the LHIN by different providers across the LHIN and determine gaps and needs for potential investments. Areas to be considered are crisis management, counseling and support, which are culturally and linguistically competent based on need.</p>	LHIN-wide Strategy led by Central West CCAC.
<p>3. Seniors Wellness program to address health promotion and education and disease prevention that is culturally and linguistically appropriate for the Etobicoke cluster.</p>	Etobicoke cluster

### 3.0 Timelines

- September 10, 2008 - Central West to provide Business Case Templates to Geographical Clusters.
- September 17, 2008 - Central West LHIN to facilitate orientation for use of Business Case Template.
- October 6, 2008 - Proposals to be submitted to the Central West LHIN.
- October 6, 2008 - Questions and clarifications sought by the LHIN.
- October/November 2008 - Review of Proposals by Central West LHIN.
- October 2008 - Submit Progress Report to Board.
- November 2008 - Validation Sessions.
- November 2008 - Complete Detailed Plan.
- 18 November, 2008 - Submit Detailed Plan to the Central West LHIN Board.
- 14 December 2008 - Submission to the Ministry of Health and Long Term Care.

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and your health!*

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