

Central West LHIN profile



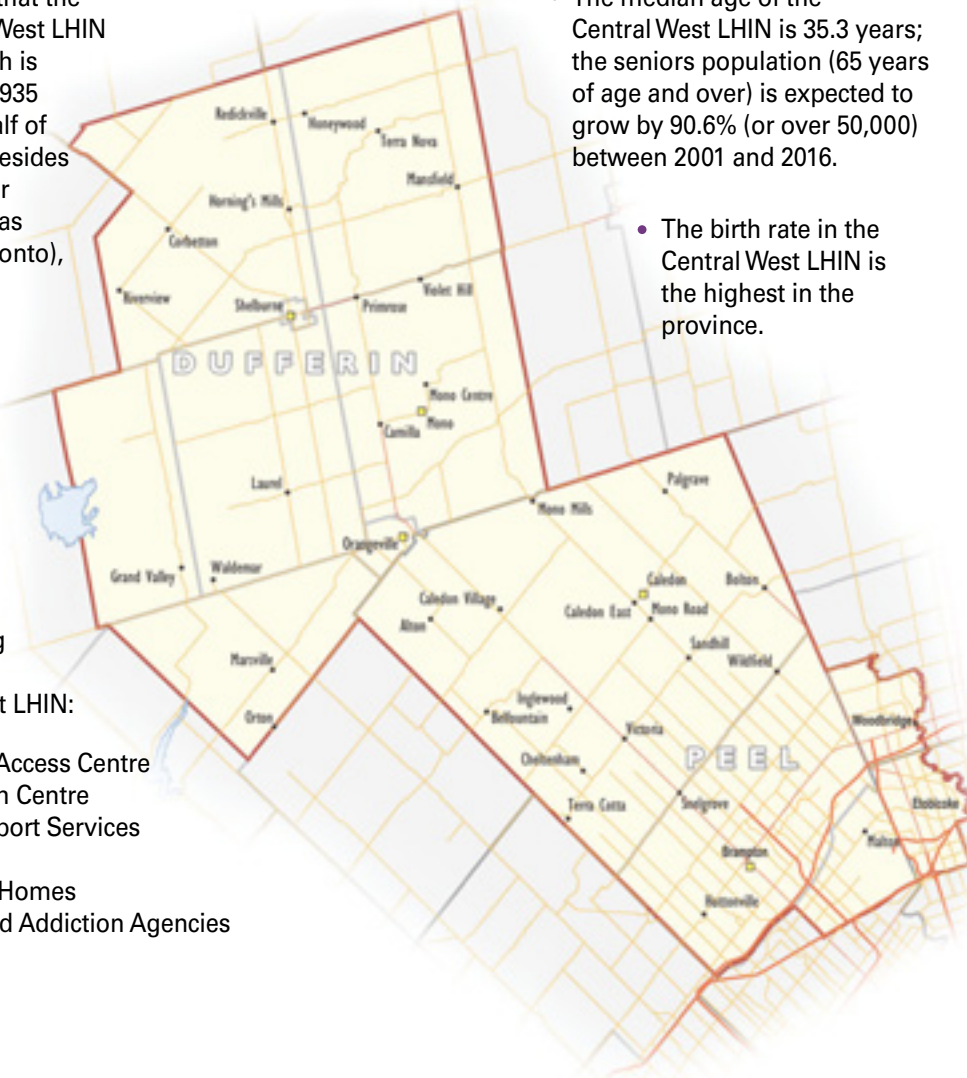
Central West LOCAL HEALTH INTEGRATION NETWORK



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- Current estimates are that the population of Central West LHIN exceeds 720,000, which is expected to reach 943,935 by 2016. More than half of the entire population resides in Brampton with other densely populated areas including Rexdale (Toronto), Malton (Mississauga), Orangeville, and Woodbridge. Low population densities are found in part of Dufferin County and Caledon.



- The median age of the Central West LHIN is 35.3 years; the seniors population (65 years of age and over) is expected to grow by 90.6% (or over 50,000) between 2001 and 2016.
- The birth rate in the Central West LHIN is the highest in the province.

- Currently the following providers are based within the Central West LHIN:
 - 1 Community Care Access Centre
 - 1 Community Health Centre
 - 13 Community Support Services
 - 2 Hospitals (5 sites)
 - 22 Long-Term Care Homes
 - 10 Mental Health and Addiction Agencies

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*It's about you
and your health!*

Integrated Health Services Plan Overview



What is an IHSP?

The Integrated Health Service Plan (IHSP) sets out local priorities and strategies in the Central West LHIN for a three year period starting April 2007. The IHSP is based on learnings from sessions with the public and health service providers. It identifies local priorities, addresses a number of focus areas identified by the Ministry, and includes what we will do to support the province's strategic directions.

Learnings from sessions indicate a need for:

- Better flow of health information across service providers
- More health care professionals
- Health service organizations to work together
- Easy transfer across the various sectors of the health system
- Specialized regional services
- Assurances that Central West LHIN residents will continue to have access to services outside the LHIN
- Increased levels of community-based and hospital services
- Incorporating health promotion and prevention strategies in all LHIN activities
- Improved coordination of cross-municipal services, e.g. ambulance services
- Improved services to the physically disabled
- Improved services for the developmentally delayed
- Addressing cultural diversity in all sectors
- Improvements or access to health coverage for recent immigrants

Strategies for change

Through community engagement, data analysis and other planning activities, three strategies have been identified that will be addressed to improve local health services:

- **Enhanced Integration:** Better coordinated and better linked services
- **Increased Capacity:** Adequate level of right kinds of services and supports
- **Improved Access:** Timelier, easier access to high quality, client-centred services

Community engagement

Extensive community engagement activities were undertaken to ensure that members of the public and health service organizations were informed about the role and activities of the Central West LHIN and had the opportunity to inform Board members and staff about local issues and priorities.

Activities include:

- Over 50 introductory discussions and meet & greet sessions
- 19 public engagements events
- A survey of 75 health service provider organizations
- A poll of 602 households
- Various meetings with ethno-cultural community-based agencies, to gather information about their perceptions of the local health services strengths and challenges

Priorities for change

Client priorities:

- **Mental Health and Addiction Services:** Our LHIN's "serious" mentally ill population is estimated to be about 11,500 or 2% of the population over 15 years of age. Prevalence rate for substance abuse in people with mental health disorders is estimated at 29%.
- **Palliative/End-Of-Life Services:** There is a need for developing an integrated Palliative services plan that focuses on a client-centred, interdisciplinary approach to improving access and coordination of comprehensive services.
- **Services to Seniors:** It is estimated that Seniors population will increase by 90% by 2016. An improved model of care would include better coordination for better access.
- **Maternal/Child Services:** Our LHIN's birthrate is the highest in the province and our rate of hospitalization for maternal conditions is higher than the provincial average.
- **Rehabilitation Services:** The supply of rehabilitation professionals in the our LHIN is currently far below the provincial average.

Priorities Across the Health Care Continuum

- Chronic Disease Prevention and Management
- Primary Care Linkages
- Responsiveness to Cultural Diversity

Provincial Focus Areas

- French Language Services
- Aboriginal Health
- E-Health
- Wait Times
- Health Human Resource
- Critical Care
- Back Office Integration

"Patients want better access to the right care, at the right time, in the right place."

