

BACKGROUNDER

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24 Local Initiatives Enable Seniors to Maintain Active, Healthy and Independent Lives at Home

Central West LHIN approves more than 2.4 Million for Aging at Home Initiatives

The Central West Local Health Integration Network (LHIN) has recently received funding from the Ministry of Health and Long-Term Care for 24 seniors' health service proposals under the Aging at Home Strategy – a four-year, \$1.1 billion initiative designed to help seniors live healthy, independent lives in the comfort and dignity of their own homes.

These first-year initiatives will provide health care services for local seniors and their caregivers. The proposals were submitted to the Ministry of Health and Long-Term Care by each of the 14 LHINs after community consultations with diverse service providers.

PLANNED AGING AT HOME STRATEGY PROJECTS FOR CENTRAL WEST LHIN – Year 1 Initiatives

Initiative Name	Service Provider	Project Description
Sahara Seniors Program	Supportive Housing in Peel	Establish a culturally appropriate service delivery project for the South Asian community in Brampton and Malton. It will provide services in the following areas: day program, wellness and health promotion services, resource development, transportation, health related clinics, home visits and mentors.
Volunteer Training Centre	Alzheimer Society of Dufferin County	One location, common resources, and operations for recruiting and training volunteers to support the work of Dufferin and Caledon agencies and groups that serve the senior population.
Caregiver Wellbeing Centre	Alzheimer Society of Dufferin County	Provide a place where individuals obtain information, training, and counselling required to support their role as caregiver /access to an extensive library on caregiving.
Seniors TeleCheck Service	Alzheimer Society of Dufferin County	Daily safety/security and social contacts service.
Family Support Worker	Alzheimer Society of Dufferin County	Address gaps in service for family support and family counselling- plan and facilitate caregiver support groups, parental support groups, early stage support, early onset support, home visits when required, and outreach related to the Volunteer Companion Program.
Home Support Services	CANES Home Support Service	Assistance in creating clean and safe environments through safety inspections and maintenance services to assist seniors with the upkeep of their homes. Homemaking services are intended to provide regular supportive assistance to clients expansion is to meet the growing needs of seniors already waiting for services to be provided by CANES Home Support Services.

Home Maintenance	CANES Home Support Service	Improve access to community support services, by working closely with discharge planning staff within William Osler Health Centre and Headwaters Health Care Centre to identify eligible clients, provide those clients with bridging services to transition safely from hospital to home, creating efficiencies in hospital throughputs, while delivering needed support to clients and families during that difficult transition phase.
Homemaking	CANES Home Support Service	The expansion of homemaking services to provide regular supportive assistance to clients.
Transportation	CANES Home Support Service	Transportation services for seniors to medical appointments and home.
Adult Day Services at Davis Centre Adult Day Service at Peel Manor	Regional Municipality of Peel	This initiative will provide an enhanced depth and breadth of health services for individuals attending Adult Day Services at two LTC facilities operated by the Region of Peel addressing the increasingly complex care needs of clients through social stimulation, recreation and physical therapy; nutrition and dietary services; and activities of daily living. The program will also be able to provide new services for clients, such as access to physiotherapy, podiatry, and other allied health professional services.
Supportive Housing	Caledon Community Services	Provide immediate increased resources to ensure seniors have safe and supportive residential units whose attendant care service continuum supports seniors to remain healthy and independent in their own homes.
Transportation	Caledon Community Services	Expands accessible transportation services to the underserved areas of Malton and North Brampton and includes evening ride service in existing services communities.
Seniors Helping Seniors	Caledon Community Services	Recruit, train, and assign seniors to mentor other seniors in volunteer capacities within the programs and operations of Caledon Community Services (CCS) and other community HSP and non-HSP.
Congregate Dining	Richview Residence Supportive Housing Corporation	The initiative will target persons within the Richview Residence community living alone with limited mobility, physical impairments, poor skills in food preparation and difficulty with food shopping. The program will also include low income seniors and seniors with multiple health issues that prevent access to nutritious meals and social contact.
Congregate Dining	Dufferin County Community Support Services	The program will support seniors that live in McKelvie Burnside Village and the surrounding Shelburne area that would benefit from a nutritious meal as well as a social outing to prevent isolation to help support them to remain in the community.
Transportation	Dufferin County Community Support Services	Provide affordable wheelchair transportation for the senior citizens of Dufferin County in order to access medical and other appointments that will help them remain independent in the County.
Adult Day Program	Supportive Housing in Peel	A provision of a basket of services, providing friendly visiting services, social gatherings with emphasis on prevention and wellness, public education, security checks, client intervention and foot. This initiative will reduce social isolation, creating purpose and providing opportunities for seniors to meet other seniors facing similar issues.

Program Coordinator	Rexdale Community Health Centre	The Program Coordinator will support drop-in centres for seniors in three locations, mobile medical clinics for frail seniors, congregate dining, free physiotherapy services, friendly home visiting and telephone calls, outreach to connect with isolated seniors, case coordination, transportation, interpretation services, child minding during program hours, personal support services and leadership development programs for seniors, health and fitness programs, and information and awareness programs.
Program Worker	Rexdale Community Health Centre	The Program worker will support drop-in centres for seniors in three locations, mobile medical clinics for frail seniors, congregate dining, free physiotherapy services, friendly home visiting and telephone calls, out reach to connect with isolated seniors, case coordination, transportation, interpretation services, child minding during program hours, personal support services and leadership development programs for seniors, health and fitness programs, and information and awareness programs.
Balance of Care	Central West Community Care Access Centre	Provide assessment of ALC patients in acute care settings. Methodology would assist the system in better understanding the needs, challenges and impediments encountered by ethnocultural seniors.
Senior's Hotline	Central West Community Care Access Centre	This initiative focuses on development of a plan and model to enhance an intake and referral service focused on seniors living in the community wishing to remain in their homes with appropriate supports.
Active Living	Bramalea Community Health Centre	Provide social/recreational programs on-site will provide seniors with access who would otherwise not participate due to physical barriers, affordability, language, cultural differences, and transportation issues, to active living programs and will provide them with healthier lifestyles as a result.
House Calls	Bramalea Community Health Centre	Provide seniors with direct access to physicians serving as a team member with other regulated health professionals, non-regulated support workers, and volunteers working in a community-based setting.

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